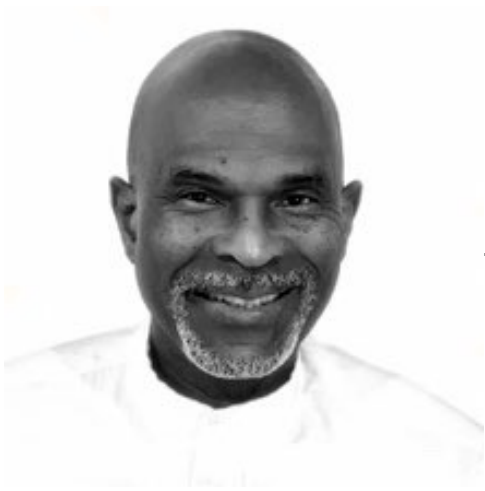


MEET THE PRESENTERS



Ben McGhee from Alabama

Thursday Morning Class

Personal Victory

How to avoid the pitfalls of money, sex, and power. (Or, how to overcome temptations, strengthen character, and live a victorious and fulfilling life.)

Class Description — Do you desire to be healthy? Do you desire to have beneficial and lasting relationships? Do you long to be free from the baggage of your past and the resentment, guilt, and shame that it brings? Do you wish to break free from the negative thoughts that have plagued you for so long? Do you desire to have power in your life to unshackle yourself from those habits that have held you in chains?

Inside Information — For thirty-plus years, Ben has worked as an Information Technology expert specializing in hardware, software development, and project management. Ben and Anita are the proud parents of six adult daughters: Anthonita, Anika, Abra, Martina, Morgan, and Brittany. They launched Wellness Is Now Ministries in 2001, seeking to teach their clients how to WIN physically, spiritually, and emotionally. In recent years they started book clubs that meet virtually on Monday and Friday nights. The Monday night book covers "The Law of Life" by Dr. Mark Sandoval, MD. Their group covers many states in the continental US, parts of Canada, and the Virgin Islands.

MEET THE PRESENTERS



Sherry Luttrell from Tennessee

Thursday Morning Class

Personal Healing — Help, hope, and healing for mental, emotional, and physical abuse.

Class Description — Many are searching for help, hope, and healing from mental, emotional, and physical abuse. We all need healing at some point from just one or maybe all three of them. It may be that you don't know where to start. I

myself suffered mental, emotional, and physical abuse. I will be sharing a short testimony about my personal life of trauma and some of the resources that helped me in my healing process. It wasn't just one resource; it has been multiple resources, lots of self-care, and reaching out to God. I know what it's like to feel lost and alone. I will share what I have learned about trauma, types of trauma, addictions, and what resources have helped me and my own family in our healing process. You don't have to go through it alone.

Inside Information—Sherry lives in a small town in East Tennessee. After several years as an insurance agent, she is back in college working on her BS in Business Administration and management.

With a love for the Lord, she realizes that Jesus runs to us and never stops chasing us, even when we give up. Sherry suffered family dysfunction, childhood traumas, depression, suicides in my family, addictions, a broken home, and my own divorce. She has certification in Dr. Nedley's "Optimize Your Brain" program for depression and "Journey to Wholeness Addiction Recovery Program."

She loves spending time with my grandkids, family, friends, and my dog Willow. With a creative interest, she loves making wreaths and flower arrangements, painting art, creating and decorating for events, hiking, and exercising. I love to give gifts and make others smile.

Simple Church at Home Bible study is held at my house each Sabbath morning. It's about loving and meeting people where they are.

MEET THE PRESENTERS



Jeanette Pelton from Ohio

Thursday Morning Class

People Skills

What do I do with domineering, difficult, and disagreeable people?

Class Description — From people who are shy, to those who are domineering, to those who are disagreeable, to those who sabotage, to those who take advantage, and to those who have mental health issues, opening your home can be a sometimes odd situation. How do we turn these into God moments and not fiascos?

Inside Information — Jeanette Traveler Pelton is a wife, mother, grandmother, Native American, and clinically Licensed Independent Social Worker with supervisory status, now retired from private mental health practice. She fluctuates between writing Christian historical, science fiction, cozy mysteries, and non-fiction. Traveler (her Native American name and pen name) is a fiber artist who loves making quilts and spinning fibers into yarn. She lives on a mini farm with her husband Dan, 7 alpacas, a flock of chickens, 4 Pomeranians, 4 barn cats, an Amazon parrot named Giz, and 12 canaries. She and her husband lead a small house church in which they serve their community as they find felt needs to fulfill. She has written 65 books over the last 10 years, but her greatest joy is seeing folks baptized and learning to lean on God.

MEET THE PRESENTERS



Darren Yates from Florida

Kenton Adams from Tennessee

Thursday Morning

Media Wars — Navigating the Digital Wilderness: A Guide for Parents *Parental Advisory:* This is a secular documentary. If your child (no matter what their age) is already on the internet, then this would most likely be helpful for them.

Class Description — Understanding the importance of setting strong boundaries and fostering a healthy relationship with technology. ♦ Exploring different types of internet filters and their effectiveness in protecting children from harmful content. ♦ Learning from real-life experiences, including our own family's journey in implementing internet and social media restrictions. ♦ Addressing the challenges of social media addiction and finding ways to prioritize family well-being over digital distractions. ♦ Empowering parents to lead by example and utilize the internet as a tool for education and enrichment rather than a mere toy.

Darren's Insider Information — I served in the US Army for 9 years as a medic and dental hygienist. I continued to pursue the dental hygiene profession outside of the military, where I became a professor from 2008 to 2018 in the Dental Hygiene program at Valencia College. My wife and I started the first Simple Church with Milton and Brenda Adams in FL, and worshiped together until they moved to TN. We continued Simple Church in our home ever since the present, and I have also been a Simple Church coach of several House Churches in Europe. I feel that all the experiences in my life prepared me to be a Simple Church planter, and I have never felt more blessed than serving those who are searching for Biblical guidance.



Kenton's Inside Information — A graphic designer/video editor who values using digital media to make an eternal, positive impact. A blacksmith and custom knife maker by trade, he loves working with his hands in any form of creative art. Outside of work, he enjoys professional nature and portrait photography, singing, four-wheeler riding, mechanics, and operating our lumber sawmill.

MEET THE PRESENTERS



Jerry Winchell from Washington

Thursday Afternoon Class

Gardening Skills

But I don't have space to grow a garden. Now what?

Class Description — Everybody can find a spare shelf for a pot, a flower bed, a back yard, a “driveway strip,” even! To plant your seed. You don't need a farm. At the time of writing this class description, I have over 300 plants growing in our laundry room. (I counted them.) There are no windows, but tomatoes are blossoming, and the 14” high basil smells heavenly. You can, too, and it's a great outreach. I'll teach you.

Inside Information — First off, I am a 4th generation died-in-the-wool follower of Jesus. B.S. degree in Biology 1972 Walla Walla University, D.D.S. degree Dentistry 1976 Loma Linda University, Washington State University County Extension Master Gardener Foundation President 2022 and 2024 (current.) Note: I do not represent the Master Gardener program here (or W.S.U.) as I intend to speak directly about Jesus. Church “Elder”/Head Elder/Church leader (including small groups and cell groups) for the past 45 years, but come anyway! I also have the dubious distinction of being noted for being the best “devil” in an Easter musical that drew 1800 people at Easter.

MEET THE PRESENTERS



Cristina Felea from Tennessee

Elena Adams from Tennessee

Thursday Afternoon Class

Home Gardening

Five necessary herbal remedies, how to grow them, what they do, and how to use them.

Class Description — This class delves into the world of herbal remedies, focusing on five essential herbs, their cultivation, medicinal properties, and practical applications. You will learn the art of growing these herbs, understand their medicinal benefits, and discover various ways to incorporate them into daily life for improved well-being. Whether you're a novice gardener or a wellness enthusiast, this class will provide invaluable insights into harnessing the power of nature's pharmacy.



Cristina's Inside Information — Born in Romania and raised in Spain, Cristina moved to the United States in 2014. In

2015, she decided to pursue her passion for health and wellness more seriously by getting medical missionary training in Illinois at the Lifeline Wellness Center. Since then, she has continually expanded her knowledge and expertise. Cristina has been a wellness speaker and health coach all over the United States, helping many regain their physical and spiritual health. In 2020, Cristina decided to pursue the path of herbal medicine, and in 2021, she obtained her Herbalist certification and started her own herbal business, which she still currently runs as "Arukah Apothecary".

Elena's Insider Information — Elena has spent the last several years focusing on better ways to grow gardens and preserve the harvest on her family's homestead. Her other homestead hobbies include caring for animals and tending the fruit trees that they have. She has had the blessing of participating in her family's Simple Church for many years.

MEET THE PRESENTERS



Scott & Linda Learned from Arkansas

Friday Morning Class

Spiritually Vibrant Families

Why do some families thrive and others survive?

Class Description — A newly discovered “game-changer” for raising spiritually vibrant families is a must in today’s secular world. This discovery is vital but often overlooked by conscience parents who want to see their family thrive spiritually. A video clip will be shared and discussed.

Inside Information — Scott and Linda both graduated from Southern Missionary College (Currently Southern Adventist University) in Collegedale, Tennessee. They each graduated with education degrees, Scott with a degree in Biology and Linda with a degree in Elementary education.

They both taught for several years in Church school. They chose to retire from teaching to own and operate their own cabinet shop so they could spend more time with their 3 children, homeschooling them through their elementary years. All three children are grown, married, and active in their local churches.

For the past six years, they have been active leaders in Simple Church and, in the past two and a half years, have witnessed nine baptisms and one profession of faith through their work with Simple Church. Church at home is their passion, and they love to share the love of Christ wherever they go. They recently moved to Arkansas and are homesteading 30 acres in the Ozark.

MEET THE PRESENTERS



Father and son team
Joe Bates from Minnesota
Ian Bates from Minnesota
Friday Morning Class

Starting a Family Business — Some very practical steps for starting a family business.

Class Description — Joe & Ian will share his experience in starting and growing his family's plumbing and heating businesses from the ground up, along with how he acquired and grew another company in the same industry. We will discuss the blessings of working with family and how to navigate the unique challenges related to a family-run business. We will discuss how to create a business plan, financial reporting, how to grow your business, and most importantly, how God can use your business as a conduit of blessing to your family and your community.



Joe's Insider Information — Husband, Father of 4, and Grandpa of two baby boys. Owned and operated two plumbing and heating companies over the last 15 years with the help and support of his entire family. Currently works with eight family members in their growing family business



Ian's Insider Information — As the oldest son of Joe & Melissa, Ian is one of the youngest licensed plumbers in MN. He volunteers in leadership roles for the Civil Air Patrol and enjoys family and anything related to fast cars.

MEET THE PRESENTERS



Brenda Adams from Tennessee

Friday Morning Class

Parenting

How to raise Daniels & Esthers in a world gone wild.

Class Description — The mission field closest to home is the one in our home. It is also the one closest to our hearts. Above every other mission goal, we long to see our children in an eternally life-saving relationship with Jesus, a rugged relationship that will withstand the undermining forces of a world gone wild. Raising children who can stand against the flow: How do we do it? I will share principles, perspectives, and promises that have been God's answers to my prayers.

Inside Information — Brenda Adams lives with her family in central Tennessee. As a stay-at-home wife and mother, she feels that she has been right where the action is. Lessons learned come from more than 15 years of homeschooling and home churching. And still learning...

MEET THE PRESENTERS



Mother and daughter team

Melissa Bates from Minnesota

Ella Bates from Minnesota

Friday Afternoon Class

Home-Made Gifts — How to make fresh homemade bread and homemade gluten-free bread that tastes good.

Class Description — This class will teach how to make baked goods that you can use to bless your family, friends, neighbors...pretty much anyone! We'll discuss baking with common allergies in mind, while still whipping up some delicious goodies.

Melissa's Insider Information — Melissa has loved cooking with family since she was a little girl. She has been involved in the food service industry for 30 years and enjoys sharing her love of baking with others through programs such as local cooking schools as well as CHIP. She lives in Minnesota with her four adult children and two grandchildren.

Ella's Insider Information — Ella developed a love for baking when she was three years old. In elementary school, she began a cake-baking business and dreamed of becoming a pastry chef. In high school and college, she worked in food service at an elder care facility. Ella eventually became a nurse, but she still enjoys refining her skills and sharing her baked goods with others. She recently perfected her homemade chocolate chip cookie recipe, and her famous Chocolate Peanut Butter pie has always been a hit at family gatherings.

MEET THE PRESENTERS



Elena Adams from Tennessee

Friday Afternoon Class

Home Gardening

How can I grow what I eat and then eat what I grow?

Class Description — In this class we will cover several aspects of producing our own food for our families. This will include how to assess your food needs for your household, put in garden infrastructure, seed starting, methods of weeding, and preserving your harvest.

Inside Information — Elena has spent the last several years focusing on better ways to grow gardens and preserve the harvest on her family's homestead. Her other homestead hobbies include caring for animals and tending the fruit trees that they have. She has had the blessing of participating in her family's Simple Church for many years.

MEET THE PRESENTERS



Friends and Simple Church Planter Team
**Mark & Sharon Learned from Wisconsin
Bonnie Weber from Wisconsin**

Friday Afternoon Class

Outreach “Myths”

How to turn “busy” outreach into Kingdom work



Class Description — There are all kinds of good outreach options that can keep us “busy” until Jesus comes. How do we turn outreach into long-term disciple-making friendships with people? This is a roundtable group discussion.

Mark & Sharon’s Information — Mark and Sharon are both nurses living on a small acreage on the western edge of Wisconsin, where they homeschooled and raised their family. They enjoy gardening, hiking, cooking, and Bible study. Since launching their Simple Church at home in 2018, they have found that the most meaningful thing in their life

has become watching others come to know and follow Jesus through the simple means of their home, their time, and their hobbies.

Bonnie’s Information — Bonnie grew up in a large family on a farm in Minnesota, where she learned relationship skills, how to feed a crowd, and how to make things stretch and last. She is a retired production worker for the Red Wing Shoe company who has been part of Simple Church since 2021. Now that she is retired, she spends most of her time using her many hobbies (sewing, quilting, repairing almost anything - to name a few!) to minister to others. She loves helping people come to know Jesus.